

Where can you receive a LDCT lung screening?

Androscoggin County

Central Maine Medical Center
St. Marys Regional Medical Center

Aroostook County

Cary Medical Center

Cumberland County

Maine Medical Center
Northern Light Mercy Hospital
Northern Light Mercy Hospital -
Dearborn Imaging Center

Hancock County

Maine Coast Memorial
Mount Desert Island Hospital

Franklin County

Franklin Memorial Hospital

Kennebec County

Maine General Center - Alford
Center for Health
Maine General Center - Thayer
Center for Health

Penobscot County

Northern Light Eastern Maine
Medical Center
Millinocket Regional Hospital
Penobscot Valley Hospital
St. Joseph Hospital

York County

Southern Maine Health Center
York Hospital - Wells
York Hospital - York

I think I qualify for a LDCT lung screening. What is my next step?

Talk to your health care provider to see if an annual lung screening is right for you.



Free ME from Lung Cancer

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Should I be screened for LUNG CANCER?

Low-Dose Computed Tomography (LDCT) Lung Cancer Screening Information



What is a Low-Dose CT Lung Screening?

It is a yearly screening with low-dose computed tomography (LDCT) chest scan which has been shown to save lives by finding lung cancer early, when it is easier to treat. The primary goal of these screenings is to save lives. Lung cancer is usually not found until a person has developed symptoms, making the cancer harder to treat.

Who should be screened?

The U.S. Preventive Services Task Force (USPSTF) recommends yearly lung cancer screening for the following groups of people who are at high risk for lung cancer. Your health care provider can help you determine if you have one of these risk factors.

- Age 50 to 80 years and smoked at least a pack of cigarettes a day for 20 or more years;
- Smoke now or have quite within the past 15 years;
- Have a 20 pack-year or more smoking history;
- Have no signs or symptoms of lung cancer.

How often should you have a LDSCT scan?

It is recommended that high risk patients be screened annually.

What is the success rate of lung cancer screening?

According to the National Cancer Institute the 20 year survival rate of 81% is the estimated cure rate of all participants with lung cancers diagnosed by annual screening. This is a huge benefit compared to waiting for a diagnosis that, in usual care, is symptom prompted.

How is the exam performed?

LDCT lung screening is very easy and usually takes about three minutes. You must be able to hold your breath for at least six seconds while the chest scan is taken.



What is Your Risk for Lung Cancer?

Cigarette smoking is linked to about 80% to 90% of all lung cancer deaths in the United States. Using other tobacco products such as cigars, pipes or electronic cigarettes also increases the risk of lung cancer. Tobacco smoke is a toxic mix of more than 7,000 chemicals. Exposure to certain industrial substances such as arsenic, some organic chemicals, radon, asbestos, radiation exposure, air pollution and tuberculosis also increases a person's risk of developing lung cancer.

Talk to your doctor if you have been exposed to any of these substances listed above. Take steps to reduce your risk, protect your lungs and ask your doctor if you are a high risk patient in need of annual LDCT lung screening.

What is the cost of a LDCT lung screening?

Medicare, medicaid and most insurance companies now cover lung screenings.

Who will receive the results of my screening?

Your results will go to either your primary care provider or your lung screening program, depending on who ordered your LDCT.